

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| BREAKFAST Scrambles Eggs / Ham Muffin/ Fruit & Milk LUNCH Cheesy Italian Dunkers / Corn / Pears Cookie & Milk October 3 | BREAKFAST Pancake & Sausage Fruit & Milk LUNCH Hot Ham & Cheese Sandwich / Tomato Soup / Apple Sauce Dessert & Milk 4 | BREAKFAST French Toast / Sausage Fruit & Milk LUNCH Pizza / Tossed Salad Nut Free Blondie Fruit & Milk 5 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Turkey & Gravy Noodles / Green Beans / Fruit & Milk 6 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit Kuchen & Milk 7 |
| BREAKFAST Waffle Stick / Sausage Fruit & Milk LUNCH Beef & Bean Burrito Rice / Corn / Fruit & Milk 10 | BREAKFAST Bagel w/Cream Cheese Yogurt / Fruit & Milk LUNCH Sub Sandwich Chicken Noodle Soup Crackers / Fruit Dessert & Milk 11 | BREAKFAST Sausage Egg&Cheese Muffin / Fruit & Milk LUNCH Pizza / Caesar Salad Jell-o Cake Fruit & Milk 12 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Country Fried Steak Mashed Potatoes Gravy / Roll / Fruit & Milk 13 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Cheese Burger French Fries Blackberry Cobbler & Milk 14 |
| BREAKFAST Scrambles Eggs / Ham Muffin/ Fruit & Milk LUNCH Indian Taco's w/Salsa Cheese / Lettuce Corn / Jello w/Fruit & Milk 17 | BREAKFAST Cinnamon French Toast & Sausage Fruit & Milk LUNCH Grilled Cheese Tomato Soup/ Pudding Fruit & Milk 18 | BREAKFAST Cinnamon Roll / Yogurt Fruit & Milk LUNCH Pizza / Tossed Salad Brownie / Fruit & Milk 19 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Spaghetti & Meatballs Sauce / Garlic Bread Green Beans Fruit & Milk 20 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit & Milk 21 |
| BREAKFAST Scrambled Eggs & Ham / Fruit & Milk LUNCH Pigs in a Blanket Raw Veggies w/Dip Fruit / Cookie & Milk 24 | BREAKFAST Bagel w/Cream Cheese Yogurt / Fruit & Milk LUNCH Soft Beef Tacos w/LCS Rice / Corn / Beans & Milk 25 | BREAKFAST Scrambled Egg Muffin Sausage / Fruit & Milk LUNCH Pizza / Caesar Salad Jell-o Cake / Fruit & Milk 26 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chicken Alfredo Pasta / Broccoli Fruit & Milk 27 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Sloppy Joes French Fries Apple Pudding & Milk 28 |
| BREAKFAST Waffle Stick / Ham Fruit & Milk LUNCH  Breaded Eyeballs w/Blood Sauce (Popcorn Chicken) Fried Lice (Rice) Scream Beans / Green Slime w/Diced Worms & Ghost Milk 31 | BREAKFAST Pancake & Sausage Fruit & Milk LUNCH Lasagna/Green Beans Garlic Bread / Fruit & Milk November 1 | BREAKFAST Breakfast Burrito Fruit & Milk LUNCH Pizza / Tossed Salad Chocolate Chip Cake Fruit & Milk 2 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chili Cheese Nacho's Refried Beans / Jell-o Fruit & Milk 3 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit & Milk 4 |
| BREAKFAST French Toast / Sausage Fruit & Milk LUNCH Pizza Rollups / Dipping Sauce/ Mediterranean Vegetables / Fruit Cake & Milk 5 | BREAKFAST Scrambled Egg & Ham Muffin / Fruit & Milk LUNCH BBQ Chicken Rice / Corn / Fruit / Baked Beans & Milk 6 | BREAKFAST Cinnamon Roll / Yogurt Fruit & Milk LUNCH Pizza / Caesar Salad Brownie / Fruit & Milk 7 | BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chicken Parmesan Pasta Primavera /Roll Fruit & Milk 8 | BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Cheese Burger French Fries Applesauce Cake & Milk 9 |

Please Note: as of October 3rd Mt. Eccles Lunches are \$3.00 each and the High School lunches are \$3.25 each. ***Remember to dress warm and safe on Halloween.***