

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Scrambles Eggs / Ham Muffin/ Fruit & Milk LUNCH Cheesy Italian Dunkers / Corn / Pears Cookie & Milk October 3	BREAKFAST Pancake & Sausage Fruit & Milk LUNCH Hot Ham & Cheese Sandwich / Tomato Soup / Apple Sauce Dessert & Milk 4	BREAKFAST French Toast / Sausage Fruit & Milk LUNCH Pizza / Tossed Salad Nut Free Blondie Fruit & Milk 5	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Turkey & Gravy Noodles / Green Beans / Fruit & Milk 6	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit Kuchen & Milk 7
BREAKFAST Waffle Stick / Sausage Fruit & Milk LUNCH Beef & Bean Burrito Rice / Corn / Fruit & Milk 10	BREAKFAST Bagel w/Cream Cheese Yogurt / Fruit & Milk LUNCH Sub Sandwich Chicken Noodle Soup Crackers / Fruit Dessert & Milk 11	BREAKFAST Sausage Egg&Cheese Muffin / Fruit & Milk LUNCH Pizza / Caesar Salad Jell-o Cake Fruit & Milk 12	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Country Fried Steak Mashed Potatoes Gravy / Roll / Fruit & Milk 13	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Cheese Burger French Fries Blackberry Cobbler & Milk 14
BREAKFAST Scrambles Eggs / Ham Muffin/ Fruit & Milk LUNCH Indian Taco's w/Salsa Cheese / Lettuce Corn / Jello w/Fruit & Milk 17	BREAKFAST Cinnamon French Toast & Sausage Fruit & Milk LUNCH Grilled Cheese Tomato Soup/ Pudding Fruit & Milk 18	BREAKFAST Cinnamon Roll / Yogurt Fruit & Milk LUNCH Pizza / Tossed Salad Brownie / Fruit & Milk 19	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Spaghetti & Meatballs Sauce / Garlic Bread Green Beans Fruit & Milk 20	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit & Milk 21
BREAKFAST Scrambled Eggs & Ham / Fruit & Milk LUNCH Pigs in a Blanket Raw Veggies w/Dip Fruit / Cookie & Milk 24	BREAKFAST Bagel w/Cream Cheese Yogurt / Fruit & Milk LUNCH Soft Beef Tacos w/LCS Rice / Corn / Beans & Milk 25	BREAKFAST Scrambled Egg Muffin Sausage / Fruit & Milk LUNCH Pizza / Caesar Salad Jell-o Cake / Fruit & Milk 26	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chicken Alfredo Pasta / Broccoli Fruit & Milk 27	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Sloppy Joes French Fries Apple Pudding & Milk 28
BREAKFAST Waffle Stick / Ham Fruit & Milk LUNCH  Breaded Eyeballs w/Blood Sauce (Popcorn Chicken) Fried Lice (Rice) Scream Beans / Green Slime w/Diced Worms & Ghost Milk 31	BREAKFAST Pancake & Sausage Fruit & Milk LUNCH Lasagna/Green Beans Garlic Bread / Fruit & Milk November 1	BREAKFAST Breakfast Burrito Fruit & Milk LUNCH Pizza / Tossed Salad Chocolate Chip Cake Fruit & Milk 2	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chili Cheese Nacho's Refried Beans / Jell-o Fruit & Milk 3	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Chicken Burger French Fries Fruit & Milk 4
BREAKFAST French Toast / Sausage Fruit & Milk LUNCH Pizza Rollups / Dipping Sauce/ Mediterranean Vegetables / Fruit Cake & Milk 5	BREAKFAST Scrambled Egg & Ham Muffin / Fruit & Milk LUNCH BBQ Chicken Rice / Corn / Fruit / Baked Beans & Milk 6	BREAKFAST Cinnamon Roll / Yogurt Fruit & Milk LUNCH Pizza / Caesar Salad Brownie / Fruit & Milk 7	BREAKFAST Biscuits & Gravy Fruit & Milk LUNCH Chicken Parmesan Pasta Primavera /Roll Fruit & Milk 8	BREAKFAST Hot or Cold Cereal Yogurt / Juice & Milk LUNCH Cheese Burger French Fries Applesauce Cake & Milk 9

Please Note: as of October 3rd Mt. Eccles Lunches are \$3.00 each and the High School lunches are \$3.25 each. ***Remember to dress warm and safe on Halloween.***